

## **CREATIVE GUIDELINES**

METAPHYSICAL CENTER

## The Art of Sending Divine Love

LOVE IS THE KEY TO ALL THINGS. This has been the constant reminder from the Teachers on the Higher planes of Light and Love for the past thirty five years. And I come to accept it as true, not that I always remember to put it into practise, but when I come to a particular so-called "problem" that seems to not have an immediate solution, always the words come to mind--LOVE IS THE KEY TO ALL THINGS. And when you really stop to think about it, this is true.

The Love I speak of is Divine Love, God's Love. Love is the essence of God. Love is the motivating factor in life. Without Love, life would have no meaning, no purpose. So many lose their purpose in life because they have lost the ability to love, or never really had it. Sometimes, we are afraid to love because we are afraid we might get hurt. Also, through fear, we limit our love.

God's Love is the substance of everything that is. God is life, and life is God. Without God, there would be no life. Everything in the universe is alive. Even the rocks are alive. There is nothing in the universe but life. There is nothing in the universe but God. And God is Love. Therefore, everything is Love.

When we depart from Love, we depart from life and God. In True Reality we cannot depart from God. Nor can we depart from life, for life is everlasting. But we can close our eyes and ears to the Real Truth and dwell in illusion.

Fear is the opposite of Love and in True Reality, there is nothing to fear. Fear, then, is made up of the substance of illusion and has no basis in Realty. Fear is a temporary departure from the Truth.

All so-called problems in the world, whether they are individual, family, community, state, national, or international, are cloaked in fear. When fear is removed, there is no problem. Fear and Love cannot abide in the same place no more than Light and darkness can. So, if we learn to Love, to REALLY let Love have its way in our life, in our every thought, word, and deed, we cannot have fear in our life. When there is no fear, then there are no problems!

LOVE IS, then, THE KEY TO ALL THINGS, the answer to all riddles, the solution to all problems. When we Love, we entertain the consciousness of God. And in the consciousness of God is all Knowledge, all Wisdom, all Power, and all Ability.

In our little selves, entertaining fear, we have nothing. But through Love, we have God. And through God, we have ALL; all Knowledge, all Wisdom, all Power, and all Ability. Through God we have everything, because God IS everything. The physical universe that we know is the body of God. There are many, many dimensions of life besides the physical. Through evolution we are working our way from the physical into the higher dimensions of life. God is there also, because God is everywhere present. The higher the dimension the more discernible the Light and Love, the more aware we become of the Presence of God.

We can learn to become more aware of God's Presence while in the flesh by allowing Divine Love to be more a part of our lives.

One of the greatest things I have learned in this lifetime is the art of Sending Love--God's Love. I have passed this on to many of my students and without exception, all have recognized its tremendous value. A few years ago I had a musician who came to my classes. He had to ride a bus across the city and walk quite a distance to my place on a bum foot. This alone let me know that he was not just curious or mildly interested. At his private appointment I asked him how I could help and he said, "I have been a musician all my life; that's all I have ever done (he was a man about 45). The other musicians in the group I am working in now are out of time. I know that I am right about this, but whenever I talk to them about it, they just get angry. This is very upsetting to me because I love music, and it is difficult for me to feel right about my work under these conditions. What can I do?"

I explained to this serious student how to Send God's Love. I told him to speak no words, just Send Love into the situation and into each one of the group, including himself. In just three days, the next class was due, and he showed up early, with a big smile on his face. All he said was, "it really works!" His problem about timing was solved in just a few days, this problem that had existed for over a year.

ANYONE can learn the art of Sending God's Love. The only requirement is WILLING-NESS. If you are willing to be a channel for God's Love to flow through, and willing, for a little while, to give up doubt, worry, anxiety, and all the other negatives based in fear, and ask that God USE you in this way...it will be so.

Our Teachers from the planes of Divine Love and Light told us that everyone will do it a little differently, but to start with we could, by using our imagination, visualize a Light coming down from the Heavenly planes of Divine Light and Love through the top of our head, going into each cell of our body and being multiplied many times, then going through the heart to a person, place, or thing. We should think of ourselves as a generator, a huge dynamo. It doesn't matter whether the person or situation is in your presence, in another country, or on another planet, because God's Power is not limited to time or space.

We can Send God's Love to one person or a thousand, just as easy, because the power of God's Love is limitless. If there is one person I am going to Send Love to--for instance, my friend, John Doe is in the hospital with a heart condition--I pray, "Father, I would Send your Divine Love to John Doe and all others like him." In this way the work can be mul-

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tiplied many times. God's Love should be used lavishly and constantly.

In starting the day I say; "Father, I would Send your Love ahead of me, into this day, into my every thought, word, and deed, into every situation, every contact.

Father, I fill this house to overflowing with your Perfect Love. Father, I Send your Love into this ground, into the trees, shrubs and plants.

Father, I Send a dome of your Perfect Love over this place, and a cloud of your Perfect Love over this neighborhood, and to each neighbor, I Send your Love.

Father, I Send a cloud of your Perfect Love over this valley of the sun, and I would Send a beam of your Perfect Love into each individual in this valley.

Father, I surround myself and each one of our students, past, present, and future, with a capsule and a wall of your Perfect Love. And Father, I Send each of us a huge avalanche of your Perfect Love.

Father, I Send your Perfect Love into every area, every situation of Creative Guidelines. Father, I Send your Love out in great abundance to attract those who are open and ready for what we have here.

Father, I Send your Love to all those who are in darkness everywhere. Father, I Send you Perfect Love into all those who have crossed over into the Spirit world recently, to adjust to their new life there.

Father, I would cover this planet with a blanket of your Perfect Love, and I Send a Beam of Love to each one on this planet. Father, I would Send an extra abundance of your Love to the world leaders and an extra abundance of your Love to all the troubled spots in the world."

Often, through the day, I just let God's Love flow through me to be used as God sees the need. We were taught that we could Send Love labeled or unlabeled. We can direct it to a person, place or situation, or we can just Send it unlabeled out into the ethers to be used as God directs. We were told of a huge reservoir that we could keep filled with God's Love, to be drawn upon by God's emissaries of Love when needed in times of crisis and catastrophe.

We are so limited in our view from the earth plane that, those from the Higher planes of Love and Light, through Divine Vision, can see and know how and where this wonderful all-encompassing Power of God's Love can be used to the best advantage.

We were told, also, that God's Love is like a two-edged sword, that "As it goes through us to help a world in darkness and confusion, it also helps us in whatever way we need." God's Love has all Power and all Wisdom and knows the need far better than we can. For instance, if our friend broke a leg and we Send him Love for his broken leg, it would help him in just this way and in this way only, because we have free will, and that free

will would never be violated by God. But, if we Send our friend God's Love unlabeled, it CAN and WILL help him with the healing of the broken leg and many other ways that he might need. The constant practice of sending God's Love is one way that you can help the whole of mankind to be lifted, no matter who you are or in what position you are in. And it will also help YOU right along with it.

As I write these words, I Send God's Love and Light into, around, through, and behind each word so that you will be able to SEE the Truth about this subject, so that you will FEEL the Love that comes with these words. Stop now and open your mind and heart. Feel the warmth of God's Love, such tenderness, kindness, and great compassion. God's Love is deeper than the deepest ocean, higher than the highest sky. God's Love is within you and all around you. . .RIGHT NOW!!!

